



Easthorpe News

Food to Order

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Fresh Vegetables

Seasonal Boxes

£10 Seasonal Veg Box

£20 Seasonal Veg Box

Vegetables

Broccoli £1.20 each

Cauliflower £2.20 each

Leeks 80p each

Carrots per 1.40 kilo

Bunched Beets £1.95

Bunched Carrots £1.95

Savoy Cabbage £1.20

Red Cabbage £1.00

Parsnips per 3.10 kilo

Fine Beans £1.95 per pack

Chestnut mushrooms £5.00 per kilo

Button Mushrooms £4.00 per kilo

Butternut Squash £1.95 each

Jacket Potatoes 50p each

New Potatoes 1.80per kilo

Everyday Potatoes 1.20 per kilo

Courgette 80p each

Aubergine £1.75 each

Sweet Potato £2.50per kilo

Large White Onions £1.00 per kilo

Red Onions £1.40 per kilo

Chilli | Red 20p each

Ginger £5.00 per kilo

Fresh Salad, Herbs & Fruits

Salads and herbs

Spring Onion 95p per bunch
Avocado £2.00 each
Cherry Vine Tomatoes £7 per kilo
Red Peppers 90p each
Celery £1.95
Vine Tomatoes £3.00 per kilo
Baby gem £1.20
Iceburg £1.20
Rocket £1.95 per punnet
Spinach £1.95 per bag
Cucumber £1.20 each
Mint Small bunch £1.20
Coriander small bunch £1.20
Curly Parsley bunch £1.20

Fruits

Apples 40p each
Oranges 40p each
Pears 40p each
Bananas 2.00 per kilo
Grapes £3.00 per punnet
Watermelon slice £1.50 each
blueberries £2.95 per punnet
Raspberries £3.50 per punnet
Lemons 35p each
Limes 35p each

Fresh Bread, Pastries & Cakes

Atterleys Bread & Fresh Cakes

White Large Sliced £2.50
White Small Sliced £1.60
Brown Large Sliced £2.50
Brown Small Sliced £1.60
Low GI Seeded Large unsliced £3.60
Low GI Seeded Small unsliced £2.50
Tiger Bread unsliced £2.50
Sourdough unsliced £2.95
Burger Rolls White 50p each
Burger Rolls Brown 50p each
Burger Rolls GI Seeded 50p each
Fresh Cream Cakes £2.20 each
Fresh Cream Sponges £3.50 each
Large Apple Pie £3.50
Large Apple and Berry Pie £3.50
Large Cornflake Tart £3.50
Large Butterscotch £3.50

Pastries & Cakes

All Butter Croissant 70g £1.00 each
Fruit Scone 92g 95p each
Part Stone Baked Baguette £1.50 each
McVities Jamaica Ginger Cake 200g £1.00
McVities Golden Syrup Cake 200g £1.00
Lyons Battenburg 270g £1.39
Chocolate Muffin £1.75 each

Dairy & Refrigerated

Milk & Cream

Whole 500ml 90p
Whole 1litre £1.20
Whole 2litre £1.80
Semi skimmed 500ml 90p
Semi skimmed 1litre £1.20
Semi skimmed 2litre £1.80
Elmlea Single £1.00
Elmlea Double £1.00
Fresh Double Cream 300ml £1.95

Yogurt, Fresh Juices & Smoothies

Rachels Individual Strawberry 150g 85p
Rachels Individual Vanilla 150g 85p
Rachels Individual Raspberry 150g 85p
Rachels Individual Cherry 150g 85p
Yeo Organic Strawberry 80g 50p
Yeo Organic Mango 80g 50p
Onken Fat Free Strawberry 500g £1.75
Onken Natural 500g £1.75
Nomadic Yogurt with Oat Clusters Chocolate 160g £1.65
Nomadic Yogurt with Oat Clusters Strawberry 160g £1.65
Tropicana Smooth Orange Juice 850ml £2.50
Copella Fresh Apple Juice 900ml £2.50
Innocent Smoothie Strawberry and Banana 250ml £2.20
Innocent Smoothie Mango 250ml £2.20
Innocent Apple juice 250ml £1.95
Innocent Orange juice 250ml £1.95

Dairy & Refrigerated

Free Range Eggs, Cheese & Butters

6 Free Range eggs £1.50

12 free range eggs £3.00

Barbers Farmhouse Cheddar 200g £3.50

Barbers Red Farmhouse 200g £3.50

Black Bomber Truckle 200g £4.95

Sussex Charmer 200g £4.95

Black Bomber Smoked Truckle 200g £4.95

Cornish Cammenbert 200g £3.95 each

Chatel Cornish Brie 200g £4.50

Long Clawson Stilton 220g £2.95

Applewood Smoked 250g £3.50

Philadelphia 180g £1.99

Saigon Goats Cheese 200g £3.50

Feta Cheese 200g £2.50

Halloumi 250g £3.50

Pilgrims Choice Extra Mature 350g £4.99

Cathedral City 350g £3.95

Cathedral City Grated 180g 2.95

Muller Salted Butter 250g £2.20

Muller Unsalted Butter 250g £2.20

Bertolli 200g £2.50

Flora Original 250g £1.09

Utterly Butterly 500g £1.89

Maloneys Meats, Pastries & Pies

Raw Meat

Bacon 250g £3.75
Sausage 390g £3.50
Beef Burgers x 2 £3.50
Chicken Breast x 2 £3.50
Mince Beef x 450g £3.95

Cooked Meat

Sliced Ham 150g £3.50
Sliced Beef 150g £3.95
Sliced Turkey 150g £3.95
Suffolk Salami 200g £3.95

Pastries & Pies

Sausage Roll £1.50 each
Pork Pie Plain £2.50
Pork Pie Stilton Topped £2.50
Individual Steak Pie £2.95
Large Steak Pie £3.95
Individual Chicken, Ham and Leek Pie £2.95
Large Chicken, Ham and Leek pie £2.95

Fresh Food To Go

Salad box £4.50 each

Choose from:

Tuna

Ham

Cheddar

Coronation Chicken

Extras

Boiled egg

Coleslaw

Beetroot

Fresh Filled Rolls £3.50 each

Choose from: White, Brown, GI Seeded

Ham Salad

Tuna Salad

Cheese Salad

Coronation Chicken salad

Ham & Emmental Cheese

BLT

Egg Mayo Salad

Teas, Coffee, Alternative Milks

Teas, Coffee & Hot Chocolate

Cadburys Hot Chocolate £2.50

Douwe Egburts 95g £3.89

Nescafe Azera 100g £5.70

Kenco 100g £3.49

Nescafe original 50g £2.19

Mayni Indigenous community Coffee beans 250g £5.95

Yorshire Tea 125g 40 bag £1.59

Yorkshire Tea 250g 80 bags £2.99

Birchall Earl Grey £2.95

Tetley Decaf Tea 125g £1.75

Alternative Milks

UHT Milk 1litre £1.30

Alpro Almond Milk 1l £1.99

Alpro Soya Milk 1l £1.99

Baking, Sugars & Preserves

Baking & Sugars

Tate and Lyle Granulated Sugar 500g 70p
Tate and Lyle Granulated Sugar 1kg £1.10
Tate and Lyle Caster Sugar 1kg £1.95
Tate and Lyle Icing Sugar 500g £1.50
Tate and Lyle Fair Trade Light Brown Sugar 500g £1.50
Tate and Lyle Dark Brown Sugar 500g £1.50
Tate and Lyle Demarara Sugar 500g £1.50
McDougals Plain Flour 1.1kg £1.59
McDougals Self Raising Flour 1.1kg £1.59
Dr Oetker Baking Powder £1.50
Tate and Lyle Golden Syrup 454g £1.95
Happy Shopper Raisins 375g £1.60
Happy Shopper Sultanas 375g £1.60
Birds Custard Powder £1.39

Puddings

Ambrosia Devon Custard 400g £1.20
Cadbury Chocolate Sponge 2x95g £2.50
Mr Kipling Syrup Puddings 2x95 g £2.50

Preserves

Rowse Honey 200g £2.99
Nutella 280g £2.89
Sunpat Crunchy Peanut Butter 200g £2.29
Golden Shread Marmalade 230g £2.20
Hartleys Strawberry Jam 340g £1.69
Hartleys Raspberry Jam 340g £1.69
Hartleys Blackcurrent Jam 340g £1.69

Chocolate, Confectionary & Sweets

Boxed Chocolates

Ferrero Rocher 200g £5.00
Lindt Lindor Milk and White boxed 200g £5.50
Lindt Lindor Assorted boxed 200g £5.50
Lindt Lindor Milk Box 200g £5.50
Large Celebrations Tub 650g £5.50
Cadburys Heroes 185g £3.00
Cadburys Heroes 297g £3.95
After Eight 300g £3.00
Milk Tray 180g £4.25
Celebrations Box 240g £ 3.50
Terry Chocolate Orange £2.50

Chocolate, Confectionary & Sweets

Large Dairy Milk Bar 120g £1.00
Large Dairy Milk Fruit and Nut 120g £1.00
Large Dairy Milk with Oreo 120g £1.00
Cadbury Chocolate Buttons 85g £1.00
Chocolate Eclairs 130g £1.00
Milky Bar Buttons 85g £1.00
Mint Aero 102g £1.50
KitKat 5x2 finger 102g £1.00
Picnic 4 pack 128g £1.00
Boost 4 pack 136g £1.00
Twirl 5 pack 107g £1.00
Crunchie 4 pack 104g £1.00
Double Decker 4 pack 104g £1.00
Wispa 4 pack 104g £1.00
Haribo Tangfastics 160g £1.00
Skittles 196g £1.95
Starbust fruit chews 210g £1.95
Swizzlers Sweet selection 135g £1.75

Biscuits, Snacks & Crisps

Biscuits

McVities Digestives 400g £1.39
McVities Chocolate Digestive 266g £1.65
Oreo Biscuits 157g 79p
Foxes Fabulous Chocolate Coated Cookies 175g £1.75
Foxes Milk Chocolate Cookies 175g £1.69
Foxes Chocolate Viennese 120g £1.50
Pattersons Shortbread 180g £1.00

Snacks, Crisps, Crackers & Chutney

Oatcakes £1.95
Ryvita Original £1.25
Peters Yard Crackers 105g £1.95
Branston Pickle Small Chunk 360g 1.49
Delphi Olives 240g £1.95
Delphi Houmous 170g £1.20
Moonlight Red Onion Marmalade £3.95
Moonlight Sweet Garlic Pickle £3.95
Haywards Pickled Onions £1.89
Haywards Piccalilli £1.89
Pringles Ready Salted 40g 99p
Real Crisps Ready Salted 150g £1.50
Doritos Cheesy 70g £1.00
Kettle Chips Lightly Salted 80g £1.00
Walkers Classic Multipack 6 X 25g £1.75

Soft Drinks & Cordial

Soft Drinks

Highland Spring Large Sparkling Water glass 1L £1.50

Highland spring Large Still glass 1L £1.50

Schwepps Tonic 1L £2.30

Fentimans Tonic 8 x 150ml £4.69

Fentimans light Tonic 8 x 150ml £4.69

Coke Zero 1.75L £1.75

Diet Coke 1.75L £1.75

Coca Cola original 1.5L £2.99

Sprite 2L £1.69

Bottle Green Sparklig Elderflower £3.50

Sanpelligrino Orange 6 x 330ml £4.95

Sanpelligrino Lemon 6 x 330ml £4.95

Cordial

Robinsons Summer Fruit £1.75

Robinsons Orange £1.75

Robinsons Fruit Creations Orange & Mango £1.99

Bottle Green Elderflower £3.95

Alcohol

Wine

New Zealand Sauvignon 75cl £9.95

Pinot Grigio 75cl £7.95

Rose Wine 75cl £8.95

Prosecco 75cl £9.95

Merlot 75cl £7.95

Beers & Lager

Peroni 330ml £1.75

Corono 330ml £1.75

Magners 568ml £2.50

Speckled Hen 500ml £2.50

Doom Bar 500ml £2.50

Spirits

Gordons Gin 20cl £5.49

Smirnoff Vodka 35cl £8.99

Captain Morgan Rum 20cl £5.49

Gordons Gin & Tonic in a can 250ml £1.69

Pimms & Lemonade in a can 250ml £1.69

Captain Morgan Rum & Coke in a can 250ml £1.69

Dried & Tinned Food, Cereal & Sauces

Dried & Tinned Food

Heinz Baked Beans 415g £1.10
Heinz Baked Beans 200g 69p
Anna Chopped Tomatoes 400g 95p
Heinz Tomato Soup £1.20
Baxters Chicken Broth £1.09
Green Giant Sweetcorn 250g £1.50
Princes Tuna in Spring water 145g £1.75
Anna Chickpeas 400g 95p
Anna Garden Peas 400g 95p
Basmati Rice 500g £2.50
Napolina Penne Pasta 150g £1.00
Napolina Farfalle Pasta 250g £1.95
Spaghetti 200g £1.95
Japanese Udon Noodles £2.50
Supernoodles Chicken 95p
Gomo Gnocchi 200g £1.75
Bachelor Savoury Rice £1.09
Dolmio Onion and Garlic 500g £1.89
Passatta 250ml £1.50
Fillipo Basil Pesto 190g £1.99
Napolina Italian Grated Cheese 100g £1.75
Pataks Korma 450g £2.50
Coconut Milk 400ml 79p
Bisto Gravy Granules 170g £1.69
Paxo Stuffing £1.59
KTC Vegetable Oil 1L £1.89
Fillipo Olive Oil 500ml £3.99

Sauces

Hellmans Mayonnaise £2.25
Heinz Salad Cream £1.69
Heinz Ketchup £2.19
HP Sauce £1.85
Sarsons Vinegar £1.50

Cereal

Kelloggs Crunchy Nut Cornflakes
500g £2.99
Mornflake Raisin & Almond Granola
1kg £3.99
Weetabix
24pack £2.99
Scotts Porridge Oats
500g £1.25
Kelloggs Cornflakes
500g £2.99

Newspapers & Cleaning

Newspapers

The Daily Telegraph £2.50

The Guardian £2.20

The Mail 70p

The Express 75p

The Times 2.20

The Star 55

The Sun 60

Daily Mirror 85p

The I Paper 65p

Southwell Advertiser £1.30

Cleaning

Fairy Liquid £1.29

Crystale Rinse aid £1.50

Crystale Dishwasher Tablets 18 £2.50

Crystale Dishwasher Salt £1.29

Flash Bleach £1.95

Flash Floor Cleaner Citrus £1.69

Dettol Antibacterial £1.69

Domestos Bleach £1.50

Bin Liners x 12 £1.50

Surf Washing Powder 10 washes £2.48

Dove Soap 2 bars £1.50

Carex Antibacterial Handwash £1.00

Antibac Hand Gel £1.00 each

Disposable facemasks £1.50each

Fire Lighters £1.00

Kindling Sticks £4.95

Kitchen Towel x 2 £1.35



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